Intimate Care Policy



Intimate care is any activity that requires meeting the personal care needs of an individual child.

Parents/carers will advise us on the level of intimate care their child needs, and we will work in partnership with children and parents/carers to deliver this care.

Intimate care covers feeding, washing, dressing and undressing, toilet assistance, treatment of skin conditions or anything that requires close contact with a child.

We only allow qualified and suitable staff to carry out intimate care and with parental permission.

We treat every child with the respect and dignity that is appropriate for their age and personal situation.

Assistance will be given if the child feels comfortable with help, encouraging children to be independent and complete the intimate care themselves. It is important to talk with the child about the intimate care you are helping them with at a level of communication, a child understands.

Nappy Changing

Of course babies and toddlers will require their nappy changing throughout their stay with us. This will be done on a clean and disinfected changing mat in our bathroom away from where children are playing. We leave the bathroom door open, so that we are never fully alone with a child when performing an intimate care task. Wet and soiled nappies are disposed of immediately in nappy sacks and into the lidded bin in the bathroom.

Toilets and training

We have two toilets available downstairs plus access to a variety of potties for children who prefer to use them. Stools and different sized toilet seats are provided to allow those who are capable to visit the toilet with little assistance.

For children who are toilet training, accidents may happen so it maybe necessary for children's clothes to be changed. This will be done in the bathroom. Assistant will be given but children will be encouraged to dress themselves.

We do have facilities available in the downstairs bathrooms, if parents give permission, we can wash children after messy play or if they have got themselves in a mess. We would only bath children if they felt comfortable.

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